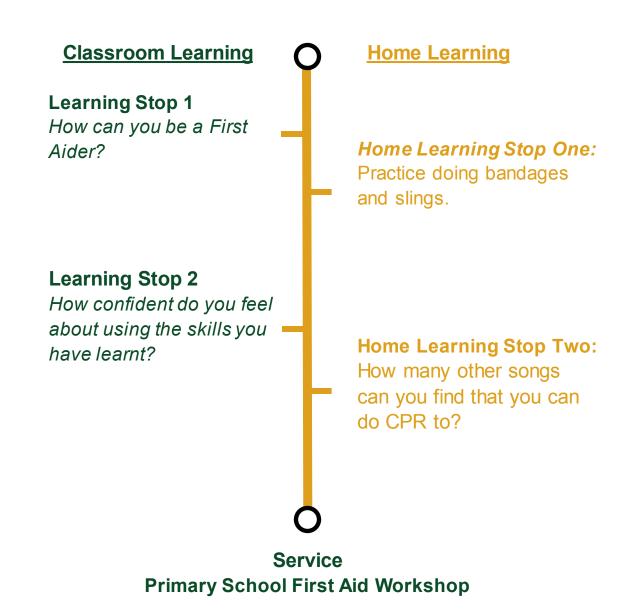


Skills Action Service SAS First Aid



Learning Journey Develop basic first aid skills.





Skills Action Service SAS First Aid



| Key Language | | |
|-------------------|--|--|
| Word | Definition | In context |
| unresponsive | Not responding to your voice or touch. | The casualty was unresponsive when the paramedic tried to wake them. |
| severe bleeds | When the flow of blood is gushing out of a wound. | The blood was spurting out of the wound which indicated a severe bleed. |
| hypothermia | When the body's core temperature goes below 35C. | They were suffering from hypothermia |
| dislocation | When a bone slips out its joint. | The casualty's shoulder and arm are hanging down as they had dislocated them. |
| dehydration | When the body loses more fluid than it takes on. | Dehydration can happen when someone has been exposed to too much sun. |
| burns | When layers of the skin have been damaged by fire or chemicals. | The person had third degree burns because the fire had been so bad. |
| recovery position | The position used to help keep the airways open of a casualty. | The casualty was put into the recovery position by the first aider. |
| fracture | When a bone has shattered or snapped. | The casualty had an odd bend in their arm, which could mean the bone was fractured |
| allergies | When a person reacts to substances in the environment that are harmless to most people. | The casualty had an allergic reaction to nuts |
| defibrillator | A device used to control heart fibrillation by application of an electric current to the chest wall or | A defibrillator was used to reset the hearts natural rhythm |

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