



Tudor Grange
Worcester

Skills Action Service *SAS Sport Leadership*



SAS

Learning Journey

Develop lifelong skills of leadership through sport.

Classroom Learning

Learning Stop 1
*What makes a
good/bad leader?*

Learning Stop 2
*Can you lead a warmup to
a small group of students?*

Home Learning

Home Learning Stop One:
Think of someone you think
is an effective leader and
state the reasons why.

Home Learning Stop Two:
Research and design a
small game you could lead
to primary students.

Service

Primary School Sports Festival



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Key Language

Word	Definition	In context
leadership	The action of influencing, guiding and leading others such as a group.	The leadership of the team was fantastic.
warm up	To prepare mentally and physically for your chosen activity.	The staff and students did some stretching as part of the warm up.
communication	The process of sharing or expressing information or instructions.	The leader had clear communication when instructing her group.
collaboration	The action of working with someone to produce something.	They collaborated on the game plan before the match.
inclusive	The act of including someone or something within a group, despite any differences.	The sports club was very inclusive and open to everyone.
adapt	To change or alter something.	They adapted the pitch to suit the needs of the group.
body language	The act of unconscious and conscious decisions in movement, expressions.	I could tell from his body language he was really enjoying the game.
resilience	The ability to recover from challenges or difficulties.	The goalkeeper showed great resilience in playing well after letting in the penalty.
engaging	Finding someone or something interesting.	The sports session was really fun and engaging.
accountability	Taking responsibility for your actions.	The manager felt accountable for the defeat against a team they should have beaten.