

Skills Action Service SAS Strive to Thrive



Learning Journey.

Explore your health, well-being and development through activities and discussion.





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SAS

Key Language

Word	Definition	In context
brain	The brain controls thought, memory, emotion, touch, motor skills, vision, breathing, temperature, hunger.	As a result of the accident, his brain was damaged.
respect	Treating someone with respect means that you interact with them in a way that shows that you care about their well-being and feelings.	They respected the other person's point of view.
communication	Communication is the act of giving, receiving, and sharing information in other words, talking or writing, and listening or reading.	The teacher communicated their ideas clearly by modelling an answer.
community	A group of people who have things in common.	The students and staff all belonged to the academy community.
support	To help someone or something in an emotional or practical way.	The team supported each other after their loss to the champions.
diversity	Diversity is about celebrating the wealth of differences between people.	The group was made up of a diverse set of people from many different backgrounds.
equality	People have the same rights and opportunities regardless of what they look like or where they come from.	Women fought for equality in order to be able to vote or be paid the same.
inclusion	Each individual is valued and treated with dignity and respect.	The inclusion of everyone's work made the class feel
tolerance	Tolerance is accepting others who are different in their race, culture, habits, and beliefs.	The politician showed tolerance towards the demonstrator.
values	Values are the core beliefs and principles that shape our daily lives.	One of the Tudor Values is democracy.