

# Mia McStay

## 2017- 2023



**I studied criminology, dance, sport science and core maths at 6th Form. I was passionate about sport and managed to secure a place studying physiotherapy at the University of Worcester.**

**Whilst at university I have utilised my passion for sport by joining the netball team, I play every Wednesday against different universities. This has been a great way of meeting new friends outside the physiotherapy course. I was also able to apply for the NHS Training Grant which has helped pay for equipment and will go towards my travel expenses to clinical placements.**

**I am looking forward to going on placements which will provide me with invaluable hands on experience allowing me to apply what I have learnt to real life situations.**

**My end goal is to work within musculoskeletal physiotherapy focusing on the muscles and joints, posture and movement.**