



Tudor **TRANSITION** CHALLENGE

Calling all students!

We are writing to you because this week is **Mental Health Awareness Week** and we need your help. We are starting to think about the experience of younger children in year 6 as they approach their transition to secondary school.

For some of you, it was not long ago that you were Year 6 students thinking about your transition to secondary school, for others this will seem like a lifetime ago. However, what you all have in common is remembering the feeling of uncertainty that comes with this transition. The Year 6 students who will join us in September will have the extra worry of the current situation and the fact that the coronavirus will affect their transition. This is where we know you will be able to help.

We would like you to complete our **Tudor Transition Challenge**.

- We need you to record your answers to any of the questions below on the *Voice Memos app* on your phone (links to download the app are at the bottom of the page).
- Your answers need to be carefully thought out – it might even be helpful to write points down before you start.
- Each question should be answered on a separate file that you attach to an email and you should make reference to the question in your answer. For example,
“The thing I was most worried about was...”
- Each answer should be roughly 60 seconds but if it is a bit longer or shorter that is fine.

Questions

1. What were you most worried about in terms of starting Tudor Grange and what actually happened?
2. What is the best thing about being a Tudor Grange student?
3. What was your experience of making new friends?
4. How did you cope with the size of the school?
5. How have you found the work, lessons and teachers?
6. What should year 6 students be really excited about?

The deadline for submission is **Friday 5th June**. When you have recorded your answers please share them via this email transitionchallenge@worcs.tgacademy.org.uk. In your email, you must list the questions you have answered. If you would prefer to write rather than record that's fine, we would love to have your written answers. All responses will also be considered for publication. We are expecting lots of fantastic entries and we'll try to feature as many as we can.

We would also like you to invest in yourself over the half term break and think about your own mental health. **Young Minds** charity have produced some excellent tips for managing the current challenges, you might want to consider adding some of these to your weekly routine:

<https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/>

Finally, thank you all for all of your amazing work and contributions this half-term. We miss you all and are collectively so proud of the way you continue to work through the challenges of this pandemic.

[Voice Memos on iOS](#)

[Voice Memos on Android](#)